



**VALLEY INTENSIVISTS, PULMONOLOGISTS AND  
SLEEP SPECIALISTS**

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**ALLERGY QUESTIONNAIRE**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth (MM/DD/YY): \_\_\_\_\_

Do you believe you have allergies: YES \_\_\_\_\_ NO \_\_\_\_\_

Have you ever had any of the following problems or symptoms?

Check all that apply:

- ☐ Hives or Swelling – How often? \_\_\_\_\_
- ☐ Breathing problems, wheezing, or coughing, with exercise? \_\_\_\_\_
- ☐ Have you been diagnosed with asthma? \_\_\_\_\_ At what age? \_\_\_\_\_  
Is your asthma: Severe \_\_\_\_\_ Moderate \_\_\_\_\_ Mild \_\_\_\_\_
- ☐ Foul smelling odor in nose? Describe \_\_\_\_\_
- ☐ Skin problems, eczema, or other rashes? Describe \_\_\_\_\_
- ☐ Sinus trouble – Hay Fever? \_\_\_\_\_
- ☐ Runny, stuffy, itchy nose – How often? \_\_\_\_\_
- ☐ Any nasal bleeding – How often? \_\_\_\_\_
- ☐ Sneezing – How often? \_\_\_\_\_
- ☐ Frequent cough and/or clearing of throat? \_\_\_\_\_ How often? \_\_\_\_\_
- ☐ Any hoarseness and/or loss of voice? \_\_\_\_\_ How often? \_\_\_\_\_
- ☐ Any vomiting? \_\_\_\_\_ How often? \_\_\_\_\_  
With what or when do you notice the problem occur? \_\_\_\_\_
- ☐ Itchiness in the ears/throat? \_\_\_\_\_ How often? \_\_\_\_\_
- ☐ Watery or itchy eyes? \_\_\_\_\_ How often? \_\_\_\_\_
- ☐ Frequent infections? \_\_\_\_\_ How often? \_\_\_\_\_
- ☐ Food reaction – Describe \_\_\_\_\_
- ☐ Drug reaction – Describe \_\_\_\_\_
- ☐ Insect reaction – Describe \_\_\_\_\_

Do you or have you ever taken any medication for the above symptoms? YES \_\_\_\_\_ NO \_\_\_\_\_

Have you ever had an allergy skin test? YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, Date: \_\_\_\_\_ Physician Name: \_\_\_\_\_

Were you prescribed medications for allergies? YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, specify: \_\_\_\_\_

Do you take any over the counter allergy medication (e.g., Claritin) YES \_\_\_\_\_ NO \_\_\_\_\_

Have you ever had allergy shots? YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, when? \_\_\_\_\_

**OFFICE USE ONLY:**

Reviewed By: \_\_\_\_\_ Blood Test Today: YES \_\_\_\_\_ NO \_\_\_\_\_